



Jim Eggart

# Walla Walla Public Schools Classroom Close-Up



TEACHER NAME: Jim Eggart

SCHOOL: Pioneer Middle School

GRADES: 6-8

CLASS: Physical Education/Health

Q. What activities are students doing in your Physical Education classes?

A. We're playing a lot of variety games to stress movement. One game we play is "Speed Ball." It helps kids work on hand/eye coordination and work as a team.

Q. How does PE help students become active for life?

A. If we can ignite some kind of connection to physical activities it is something they'll do the rest of their lives. The more we can do to get kids excited about movement and exercise the better off they are. They feel better and are healthier.

Q. What is the greatest factor you have seen in your career relating to obesity?

A. It has to be the diet. It's just horrible. In our hectic, fast-paced lifestyles it seems there is no set time for family meals and they are just grabbing things on the run and hurting their nutritional values.

Q. How does the middle school Health program work?

A. There are four rotations for Health during the school year. Students participate in health during the winter months and rotate every four weeks to complete the unit.

Q. What do middle school students learn in health?

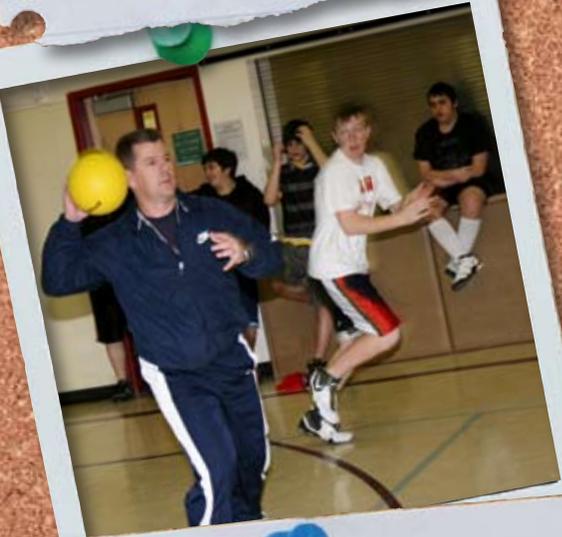
A. We teach nutrition, human growth and spend a lot of time studying the body.

## COMMENTS FROM PIONEER PRINCIPAL DANA JONES:

"Jim Eggart is a dedicated teacher and coach. He supports the youth in our community both within and outside the school day, for example as a long-time AAU basketball coach. He is enthusiastic about kids and learning and works hard to connect all kids to successful school experiences. He is an amazing asset to Walla Walla Public Schools."

Over

**MOMENTS & MEMORIES FROM  
JIM EGGART'S PE CLASS:**



**COMMENTS: FROM JIM EGGART...**

"Our facilities continue to be a challenge at Pioneer, especially in the winter time. We have up to five classes at once and are continually cramped for space. We only have one gym and a half of space which also serves as the lunchroom."

"We have been in desperate need for another gym as long as I have been here. We have to get the community behind us so they understand that it is a need and a priority."



"Physical Education teachers are constantly being retrained to include health and nutrition into a good physical fitness program and it seems to be working at Pioneer."